## G.PULLA REDDY COLLEGE OF PHARMACY, HYDERABAD MISSION SAHASI

The Akhila Bharatiya Vidyarthi Parishad (ABVP) as part of "Mission Sahasi" organized two days (26<sup>th</sup> and 27<sup>th</sup> october, 2018) training program for girl students to make girls fearless, self confident and ready to face any difficult situation they may face in day to day life. The training program was conducted in the college premises. All the girl students of B. Pharmacy, Pharm. D. and M. Pharmacy were actively participated in the training program. Students had training and practiced self-defense techniques, which were instructed by karate masters. The organizers explained the students about how to face unwarranted situations in the life. They said that physical and mental fitness are important for every girl and women.

The program was coordinated by Mr. Srihari, ABVP city secretory and Dr. R. Padmavathi, Associate Professor, G Pulla Reddy College of Pharmacy.